

2024 GRIEF SUPPORT GROUPS

Cornerstone of Hope offers professionally-led support groups, open to all, regardless of ethnic, cultural and faith backgrounds. Groups run weekly for 8-10 weeks and are offered several times throughout the year. Groups generally meet for two hours which includes time for peer socialization.

HELD AT CORNERSTONE OF HOPE

253 N. State Street, Suite 200, Westerville, OH 43081

Our General Loss Support Group is offered every quarter and topic-specific groups are offered based on client interest. Please submit your request on the support group interest form or contact the office for questions.

Support Groups that may be offered include, but are not limited to:

- Adult Grief
- Young Adult Grief (Ages 18-30)
- Spouse Loss
- Substance-Related Loss
- Child Loss
- Suicide Loss

IMPORTANT DATES

Winter 2024 Groups

Begins the week of Monday, January 8, 2024
Register by Friday, December 29, 2023

Spring 2024 Groups

Begins the week of Monday, March 25, 2024
Register by Thursday, March 7, 2024

Summer 2024 Groups

Begins the week of Monday, June 17, 2024
Register by Thursday, May 30, 2024

Fall 2024 Groups

Begins the week of Monday September 9, 2024
Register by Thursday, August 22, 2024



REGISTRATION



In order to participate in a support group, you must complete a group readiness assessment and pay a one-time \$75 fee at the time of the assessment. Please contact our office at **614-824-4285** or scan the code to get started. If you have further questions, contact our Support Group Coordinator by calling our office or emailing emma.garee@cornerstoneofhope.org.



**Cornerstone
of Hope**

CREATING A WORLD WHERE NO GRIEVING PERSON JOURNEYS ALONE.

253 N. State Street, Suite 200, Westerville, Ohio 43081 | 614-824-4285 | cornerstoneofhope.org